



STATE OF MAINE
BOARD OF NURSING
158 STATE HOUSE STATION
AUGUSTA, MAINE
04333-0158

JOHN ELIAS BALDACCI
GOVERNOR

MYRA A. BROADWAY, J.D., M.S., R.N.
EXECUTIVE DIRECTOR

IN RE: KAREN L. BARAKAT, R.N.)
of Portland, Maine) CONSENT AGREEMENT
License #R032102) FOR REPRIMAND

INTRODUCTION

This document is a Consent Agreement regarding Karen L. Barakat's license to practice registered professional nursing in the State of Maine. The parties enter into this Agreement pursuant to 32 M.R.S.A. § 2105-A(1-A)(A), 10 M.R.S.A. § 8003(5)(A-1)(1) and § 8003(5)(B). The parties to this Consent Agreement are Karen L. Barakat ("Licensee"); Maine State Board of Nursing ("Board") and the Office of the Attorney General, State of Maine. An informal conference was held on November 17, 2005. The parties reached this agreement based upon information submitted by Sedgewood Commons, Falmouth, Maine in a provider report and complaint dated December 9, 2004, and by information from the State of Maine, Department of Health and Human Services, Bureau of Medical Services, Division of Licensing & Certification in a Complaint Narrative No. 05 PAL 128, dated May 2, 2005.

FACTS

1. Karen L. Barakat has been a registered professional nurse licensed to practice in Maine since 1988.
2. Karen L. Barakat failed to follow the clinical standard of practice for medication administration documentation and assessment. Ms. Barakat's documentation on 151 entries, in patients' medication administration records ("MAR"), shows that she recorded two to four medication doses on the same line of the patient's MAR for different times during the shift. Ms. Barakat failed to follow the appropriate procedure, requiring that each dose be documented when given, on a separate line of the MAR, and that the effectiveness of each dose be documented accordingly. In addition, Ms. Barakat's documentation for patients receiving Oxycodone and Lortabs do not consistently reflect the issue of pain and pain control needs of the patient.

AGREEMENT

3. Karen L. Barakat understands that her conduct in the above stated facts constitutes grounds for discipline under Title 32 M.R.S.A. § 2105-A(2)(F), (2)(H) and Chapter 4.1.A.6., and Chapter 4.3.F. of the Rules and Regulations of the Maine State Board of Nursing. Karen L. Barakat is hereby **REPRIMANDED** for unprofessional conduct because she failed to follow policies and procedures in a practice situation designed to safeguard the patient.



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4. Karen L. Barakat understands that this Consent Agreement imposes discipline in the form of a reprimand regarding her license to practice registered professional nursing in the State of Maine. Ms. Barakat understands that she does not have to execute this Consent Agreement and that she has the right to consult with an attorney before entering into this Consent Agreement.
5. Karen L. Barakat affirms that she executes this Consent Agreement of her own free will.
6. Modification of this Consent Agreement must be in writing and signed by all the parties.
7. This Consent Agreement is not subject to review or appeal by the Licensee.
8. This Consent Agreement becomes effective upon the date of the last necessary signature below.

I, KAREN L. BARAKAT, R.N., HAVE READ AND UNDERSTAND THE FOREGOING CONSENT AGREEMENT. I UNDERSTAND THAT BY SIGNING IT, I WAIVE CERTAIN RIGHTS. I SIGN IT VOLUNTARILY, WITHOUT ANY THREAT OR PROMISE. I UNDERSTAND THAT THIS CONSENT AGREEMENT CONTAINS THE ENTIRE AGREEMENT AND THERE IS NO OTHER AGREEMENT OF ANY KIND.

DATED: 12.22.05

Karen L. Barakat, R.N.
KAREN L. BARAKAT, R.N.

DATED: 12/22/05

Barbara L. Goodwin
BARBARA L. GOODWIN, ESQ.
Attorney for Karen L. Barakat

FOR THE MAINE STATE
BOARD OF NURSING

DATED: 12/30/05

Myra Broadway
MYRA A. BROADWAY, J.D., M.S., R.N.
Executive Director

FOR THE OFFICE OF THE
ATTORNEY GENERAL

DATED: 1/4/06

John H. Richards
JOHN H. RICHARDS
Assistant Attorney General